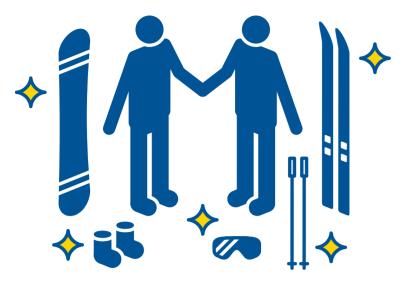
RULES FOR THE CONDUCT OF SKIERS & SNOWBOARDERS

Respect for others



A skier or snowboarder must behave in such a way that he does not endanger or prejudice others.





A skier or snowboarder must move in control. He must adapt his speed and manner of skiing or snowboarding to his personal ability and to the prevailing conditions of terrain, snow and weather as well as to the density of traffic.



A skier or snowboarder coming from behind must choose his route in such a way that he does not endanger skiers or snowboarders ahead.



A skier or snowboarder may overtake another skier or snowboarder above or below and to the right or to the left provided that he leaves enough space for the overtaken skier or snowboarder to make any voluntary or involuntary movement.

Stopping on the slope







A skier or snowboarder entering a marked run, starting again after stopping or moving upwards on the slopes must look up and down the slopes that he can do so without endangering himself or others.

Do You Know the 10 FIS Rules for Skiing & Snowboarding?

The FIS Rules apply to all skiers and snowboarders. The skier or snowboarder is obliged to be familiar with and to respect them. If he fails to do so, his behaviour could expose him to civil and criminal liability in the event of an accident.

Unless absolutely necessary, a skier or snowboarder must avoid stopping on the slope in narrow places or where visibility is restricted. After a fall in such a place, a skier or snowboarder must move and clear of the slope as soon as possible.

Identification

Every skier or snowboarder and witness, whether a responsible party or not, must exchange names and addresses following an accident.

Climbing & descending on foot



A skier or snowboarder either climbing or descending on foot must keep to the side of the slope. Respect for signs & markings



A skier or snowboarder must respect all signs and markings.



At accidents, every skier or snowboarder is duty bound to assist.



JAPAN ASSOCIATION FOR SKIING SAFETY (JASS)

http://www.nikokyo.or.jp/

You must also comply with the "Standards on Snow Sports Safety" by JASS

